

MATTHEW KELLEY BECOMING THE BEST VERSION OF YOURSELF

Matthew Kelley is a New York Times best selling author and is widely recognized today as one of the best speakers in the world.

During his three night series, *Becoming the Best Version of Yourself*, Kelley discusses the challenges and opportunities that we experience in our quest to become the Best Version of Ourselves. The first evening will deal with the themes from his book, *Perfectly Yourself: Nine Lessons for Enduring Happiness*, beginning with a discussion of how we know which parts of ourselves are really part of who we are and which parts should be challenged and changed. The following evenings will focus on the monumental roles our personal relationships and our spirituality play in helping us to become perfectly ourselves.

The presentations will be given on Sunday, April 25th through Tuesday April 27th, at 7:00 PM each evening at:

**Immaculate Conception Catholic Church
857 3rd Avenue Southeast
Cedar Rapids, Iowa**

For more information, please call
(319) 362-7181 or visit www.matthewkelly.org.

CHRISTIAN EXPERIENCE WEEKENDS 2010

A Christian Experience Weekend, or CEW, offers a chance to retreat from everyday life and take a look at who you are and where you are going. Throughout the weekend you will be given the time and the tools to rediscover yourself, your faith and your God. The weekend includes time alone and time with others on the same journey. As a member of Christ's community, you deserve the benefits this weekend can give you.

The Iowa City Deanery will host this overnight weekend retreat, open to all denominations, on February 19-21, 2010 for women and March 5-7, 2010 for men at St. Mary's in Riverside, Iowa.

The weekend begins 7:00 p.m. Friday and ends at 4:30 p.m. Sunday. It is open to all men and women over the age of 18. The cost of the weekend is \$50. This would make a great gift for someone.

Look for registration forms in the vestibule of the church. Contacts for the Women's Weekend, are: Rosemary Fiagle (354-7048) and Erin Nelson (430-1557). Contacts for the Men's Weekend are: Dave Sharp (331-0869) and Craig Slay (430-3390).

KNIGHTS OF COLUMBUS

The Iowa Knights of Columbus is the world's largest lay Catholic organization, with more than 1.7 million members around the world. The Knights work on a broad range of projects for their council, church, community, family, and youth.

There are four separate councils in Iowa City, which meet at the Newman Center, St. Mary's, St. Patrick's, and St. Wenceslaus. They are organized into a District (along with other area councils) and then a state, and finally Supreme. There are minimal annual dues to both Supreme and State that each council pays per member. How much each member pays depends on how wealthy the council is and how they want to spend their money.

The Newman Center hosts a College Council that meets about every other week while school is in session. They do not have any official council meetings over the summer, but mostly just stay in contact via e-mail and phone to get needed business done and stay in touch.

The Knights were busy throughout the season of Advent. Six Knights attended the Thanksgiving Priest Appreciation Dinner, where they finished last minute set-up work and then served as waiters for the meal. Afterward they stayed to clean up and get the room ready for a funeral the next day.

Friday's during the season of Lent there is a Fish Fry at the Knights Center on the edge of town. At the Newman Center there is also a free Lenten Supper served on Sunday nights, which is not necessarily connected with the Knights.

Some of the funds that are raised through the Knights' various activities go to scholarships for incoming college freshmen. These are awarded to Catholic males set to attend the University of Iowa. Applicants complete a first round application form, second round short answer question form, and a third round personal interview before being selected.

The Knights also raise funds throughout the year for a variety of different organizations, including the Johnson County Crisis Center, the newly opened Choices Clinic in Iowa City, local homeless shelters, and facilities for those with mental disabilities.

Membership in the Knights of Columbus is available to all practicing Catholic men 18 or older.

Shaina Gaul